



**Geriatric Education &
Research Institute**

Geriatric Education & Research Institute Limited

2 Yishun Central 2, Singapore 768024

tel +65 6807 8018

web geri.com.sg

fax +65 6602 3686

co. reg. no. 201502154R

email enquiry@geri.com.sg

GST reg. no. M9-0370246-G

Professional Education Development

Courses Catalogue
(as of August 2018)

Contents

GERI's Available Courses for ASEAN Countries	3
Trainers Profile	6
For Help & Support.....	8




GERI's Available Courses for ASEAN Countries




Course Name	Description	Learning Objectives	Duration	Target Learners
Palliative Care Course for Nurses in the Long Term Care (LTC) Setting	<p>There is a growing need for end-of-life care in nursing homes and other LTC facilities. Nurses play a pivotal role in nursing home care and have to be equipped with skills to care for end-of-life residents.</p> <p>This course is to develop skills in palliative care for nurses in the LTC sector.</p>	<ul style="list-style-type: none"> • To learn the principles and practices of palliative care. • To improve the skills and communications of nurses delivering palliative care. • To manage and monitor pain and other symptoms for end-of-life residents. • To understand basic ethical principles in end-of-life care. 	32 hours (1 half day, once a week, 8 weeks)	Nurses (Staff Nurses and Enrolled Nurses) in the LTC setting
Tele-geriatrics Nurse Training Course (TNTC)	<p>Technology is increasingly being adopted in the healthcare sector. It contributes to increased productivity and efficiency. In Singapore and many parts of the world, tele-care is being used to provide better care for nursing homes residents.</p> <p>This course is an intensive advanced nursing course which trains and equips nurses with the skills to conduct tele-consultations remotely with physicians.</p>	<ul style="list-style-type: none"> • To perform palliative and geriatric care assessment. • To perform simple physical examination of the residents. • To learn communication and oral presentation techniques via the video conferencing system. • To learn the technicalities of conducting tele-consultation sessions. 	80 hours, (1 half day, once a week, 20 weeks)	Nurses in Nursing Homes (Staff Nurses and Enrolled Nurses)
Basic Community Care Team (CCT) Nurse Training Programme	<p>There is a global trend towards caring for the elderly in their home to allow ageing-in-place. One of the thrusts in the Ministry of Health of Singapore is to move care beyond hospital to community. In order to empower families to care for their loved ones, the community nurse is expected to play an important</p>	<ul style="list-style-type: none"> • To learn the principles and practices of good geriatric nursing. • To equip nurses with basic, broad-based and practical competencies in providing care 	15 weeks at 0.5 days weekly (average 3 hours/week)	Community Care Team (CCT) Nurses (EN, SN, SSN, APN) with minimum 2 years of clinical experience

	<p>role. The nurse must be equipped with skills to provide care in the community setting.</p> <p>This course trains nurses to provide holistic and support care that will enable our seniors to age-in-place despite their co-morbidities.</p>	<p>for elderly patients in the community.</p>	<p>Estimated hours: 17 hours of online component, 29 hours of face-to-face faculty contact time.</p> <p>(Adaptation to a 7 full-days course is possible.)</p>	
<p>Mental Health in Later Life for NTU's Master of Applied Gerontology</p>	<p>Mental health is essential to the physical and general well-being of older adults. Mental disorders are a major contributor to the disease burden in elderly both globally and in Singapore.</p> <p>As one of the elective modules for NTU's new Master of Science in Applied Gerontology, this course provides an overview of the principles and practice of mental health care for older adults. The course materials will promote examination of the changes to the ageing brain and their impact on mental health as well as key risk and protective factors associated with mental functioning. It provides a clinical and pragmatic approach to the major mental disorders of later life.</p>	<ul style="list-style-type: none"> • To examine the physiological and cognitive changes between normal ageing and mental disease states. • To name the key protective and risk factors associated with mental functioning. • To understand the definition, assessment, diagnosis, treatment of major mental disorders of later life. • To describe the current mental health care system in Singapore and its challenges. • To identify gaps in knowledge in mental health in later life. 	<p>39 hours</p>	<p>Students in MSc Applied Gerontology course (including healthcare workers, administrators, people seeking a career change to work with elderly)</p>

<p>Decisions at Death's Door: Practical Ethics and Conversations at the End-of-Life for Busy Clinician</p>	<p>Any decision made for end-of-life care requires a complex decision making process that involves careful consideration of patients' wishes, impacts on their families, and medical principles.</p> <p>To help physicians appropriately manage complex ethical issues, GERI's ethic workshop will equip participants with the necessary skills and tools to find the right decision.</p>	<ul style="list-style-type: none"> • To understand ethical issues in end-of-life care. • To know how to apply ethical principles into day-to-day practices. • To utilise communication skills to discuss sensitive issues with patients and their families. • To acquire the ability and confidence to make better ethical decisions for end-of-life patients. 	<p>3 hours</p>	<p>Physicians</p>
<p>Skills Training for Long-Term Care (LTC) Nurses: Collaborative Teaching Programme between Singapore and Thailand</p>	<p>The world's older population continues to grow at an unprecedented rate. Regional countries are not spared from this phenomenon. There is a need for countries to collaborate with each other to tackle ageing issues via exchange of knowledge, skills and expertise which could ultimately lead to better quality of life for older people in this region.</p> <p>This is a teaching programme jointly developed by Singapore and Thailand, led by GERI in collaboration with GeriCare@North (Khoo Teck Puat Hospital), the Ministry of Public Health (MOPH) of Thailand and Chulalongkorn University.</p>	<ul style="list-style-type: none"> • To learn palliative and geriatric care skills in the LTC setting via an intensive curriculum and the use of technology. • To enhance quality of care in LTC facilities. 	<p>60 hours</p>	<ul style="list-style-type: none"> • Leaders from government agencies • Curriculum developers and nurse educators from educational institutions • Leaders / owners of the LTC sector • Nurses who work in LTC facilities or are interested to make a transition to LTC sector • Head nurses • Registered nurses who work in LTC facilities

Trainers Profile

	<p>A/Prof James Alvin Low Yiew Hock</p> <ul style="list-style-type: none"> • Geriatric Education Programme Lead, GERI • Senior consultant, Geriatric Medicine and Palliative Care, Khoo Teck Puat Hospital (KTPH) • Adjunct Associate Professor, Lee Kong Chian School of Medicine, Nanyang Technological University (NTU) 	<p>Education</p> <ul style="list-style-type: none"> • Accredited Specialist in Palliative Care, 2009 • FRCP, Royal College of Physicians, Edinburgh, 2003 • Fellow Academy of Medicine, Singapore, 2001 • Postgraduate Diploma of Medicine in Palliative Medicine, Australia, 1999 • MRCP, UK, 1996 • MBBS, Singapore, 1990 	<p>Award</p> <ul style="list-style-type: none"> • National Health IT Excellence Award 2017: Beyond Hospital to Community, Singapore's Ministry of Health for his project Telegeriatrics Nurse Training Course, targeting nurses in nursing homes
	<p>Dr Tew Chee Wee</p> <ul style="list-style-type: none"> • Joint Faculty, Geriatric Education Programme, GERI • Resident Physician/ Geriatrician, All Saints Home • Visiting Consultant, Geriatric Medicine and Palliative Care, Khoo Teck Puat Hospital (KTPH) 	<p>Education</p> <ul style="list-style-type: none"> • MBBS, National University Singapore • Royal College of Physicians (UK) • Fellowship of the Academy of Medicine, Singapore 	
	<p>A/Prof. Edward Poon</p> <ul style="list-style-type: none"> • GERI Faculty, Geriatric Education Programme • Director, Nursing Service, St Luke's Eldercare • Adjunct Associate Professor, Alice Lee Centre for Nursing Studies, National University of Singapore (NUS) 	<p>Education</p> <ul style="list-style-type: none"> • Ph.D. at Monash University, Australia • MSc Palliative Care , King's College London, UK 	<p>Award</p> <ul style="list-style-type: none"> • Hospice Nurses Award 2002 • Healthcare Humanity Award 2004 • President Nurse Award 2004 • Member of Sigma Theta Tau Honor Society of Nursing (Singapore) 2006 • Healthcare Service Quality Award _ Bronze Award 2016

	<p>Dr. Laurence Tan Lean Chin</p> <ul style="list-style-type: none"> • GERI Faculty, Geriatric Education Programme • Consultant, Geriatric Medicine and Palliative Care, Khoo Teck Puat Hospital (KTPH) 	<p>Education</p> <ul style="list-style-type: none"> • Accredited Specialist in Palliative Care 2015 • Mmed (Family Medicine) 2010 • MBBS, Singapore, 2007 	<p>Award</p> <ul style="list-style-type: none"> • Alexandra Health Education Grant 2016 • Merit Prize at Intermediate Long Term Care Quality Conference 2013 – Poster Category
	<p>Dr Gerlie Contrpas Magpantay</p> <ul style="list-style-type: none"> • Clinical Educator, Geriatric Medicine, Khoo Teck Puat Hospital (KTPH) 	<p>Education</p> <ul style="list-style-type: none"> • Pediatrics Residency Program, Fe del Mundo Medical Center • Degree in Medicine, University of Santo Tomas • B.S. Biology, University of Santo Tomas 	<p>Award</p> <ul style="list-style-type: none"> • Winner for Top Poster Presentation, Alexandra Health (Singapore), 2014 • First Prize in Case Report Research Contest, FDMMC (PHL), 2009 • State Scholarship Program, (PHL) 1990-1994
	<p>Sister Sim Lai Kiow</p> <ul style="list-style-type: none"> • Nurse Clinician, (Specialised in Palliative Care), Geriatric Medicine and Palliative Care, Khoo Teck Puat Hospital (KTPH) • Founding Member, Chapter of Palliative Care Nurses • Facilitator and Instructor, Advance Care Planning (ACP) 	<p>Education</p> <ul style="list-style-type: none"> • Bachelor of Health Science, Latrobe University, Australia, 2012 • Trained Advanced Care Planning Facilitator and Instructor 2012 • Advanced Diploma in Health Science (Palliative Care), Nanyang Polytechnic, Singapore, 2005 	<p>Award</p> <ul style="list-style-type: none"> • President Nurse Award 2014 • Efficiency Award, National Day Award, Ministry of Health 2012 • PS 21 Distinguished Star Award 2009 • PS 21 Service Star Award 2006 • Healthcare Humanity Award 2004 • AH - KTPH Service Champion Award 11th times 2000-2011 • Merit Award, Ministry of Health 2003 • NHG Quality Pillar Award, 2000 & 2002

For Help & Support

For more information or any enquiries, please contact us at enquiry@geri.com.sg.

thank
you!

RETHINKING AGEING
IN SINGAPORE



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